



# MaineHealth Dept. of Psychiatry Grand Rounds

March 3, 2026

## *“Demoralization in Medically Ill Patients: A Distinct Clinical Construct and Why It Matters”*

8:00 am – 9:00 am

**VIRTUAL ONLY**

Presented by:

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At the conclusion of this activity, participants will be able to:

- Define demoralization as a distinct clinical construct and describe its core features in medically ill patients
- Recognize common clinical presentations and bedside indicators of demoralization across medical settings
- Apply practical approaches to assessing demoralization in busy clinical environments
- Describe evidence-based strategies for addressing demoralization



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